



INDIRA GANDHI NATIONAL OPEN UNIVERSITY

Regional Centre, Siliguri

17/12 J.C Bose Road Subhas Pally, Siliguri

Organizes

**Lecture cum Demonstration on
Yoga in Day to Day Life**

Resource Person

DR GAUTAM ROY

Yoga Demonstration by

MALINA CHOWDHURY

On 15TH JUNE 2022 (Wednesday) Live @2:30pm

<https://www.facebook.com/ignourc.siliguri.9/>